



**CLEAR SOLUTIONS
TRAINING LTD**
HYBRID LEARNING



NCFE Level 1 Award in Mental Health Awareness

The Lauries

142 Claughton Rd, Birkenhead, CH41 6EY

22nd & 23rd January 2024

10.00am - 2.30pm



- Improve your awareness of mental health
- Understand the difference between mental health and mental ill-health
- Highlight the issues surrounding mental health difficulties
- Dispel myths and misconceptions frequently linked to mental health
- Understand how to offer support and break the stigma
- Reflect on healthy ways to promote positive mental health

To qualify for funding for these qualifications you must be over the age of 19, living within Wirral, unemployed and receiving benefits or working and earning less than £21,225

To sign up please contact
info@clearsolutions-training.co.uk