

Dawpool C of E School - Week One



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Pasta Bar Choose from either mac and cheese or tomato and basil pasta. Served with garlic bread and sweetcorn.	Creamy Chicken Curry Choose from a homemade Creamy Chicken Curry or a Sweet Potato & Lentil Curry served with Basmati Rice, Naan bread.	Breakfast Burrito Sausage, egg, hashbrown, or Quorn sausage all wrapped up in a warm floured tortilla with beans and mushrooms.	Creamy Tomato Pasta Bake Pasta spirals coated in a creamy tomato sauce, then topped with cheese and baked in the oven. Served with salad and peas.	Fish Fingers Fish fingers served with chips, curry sauce, gravy, beans or peas.		
Jacket Potatoes and Paninis are also available daily as a hot alternative.						
Or						
Deli Bar - Available Everyday Design your own sandwich, first choose your bread - wraps, assorted batch or sliced bread, then choose your filling a selection of the following wil be available daily - ham, cheese, tuna, egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, beetroot and peppers.						
Dessert Fresh Fruit, Yogurts and Cheese and Crackers are available daily.						
Fresh fruit and Yoghurt	Dessert of the Day	Dessert of the Day	Dessert of the Day	Ice Cream		
Drink A selection of fresh fruit juice and fresh milkshakes, milk and water will be available daily.						



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Burger Day Choose from a fresh butcher's burger or a Quorn Burger served in a burger bun with cubed potatoes and corn.		Kebab Fresh beef and pork mince or a veggie option of seasoned halloumi combined with herbs and spices and baked in the oven. Served in a warm pitta with salad, garlic mayonnaise and mint yoghurt sauce.		Fish Fingers Fish fingers served with chips, curry sauce, gravy beans or peas.		
Jacket Potatoes and Paninis are also available daily as a hot alternative.						
		Or				
	first choose your bread - wrap cheese, tuna, egg and finally fi		ad, then choose your filling a carrot sticks, cucumber, cherry			
		Dessert				
Fresh Fruit, Fruit Pots, Yogurts and Cheese and Crackers are available daily.						
Fresh fruit and Yoghurt	Dessert of the Day	Dessert of the Day	Dessert of the Day	Ice Cream		
	A selection of fresh fruit juice a	Drink and fresh milkshakes milk an	d water will be available daily			