

# ARE YOU A PARENT OR CARER? LOOKING TO SUPPORT OTHER PARENTS AND FAMILIES?

Join EPEC (Empowering Parents Empowering Communities) as a Parent Group Leader and help families thrive while gaining new skills, building meaningful connections and boosting your own confidence along the way.

As a parent group leader, you will:

- Receive free training and guidance from your local EPEC team
- Make a real difference in your local community with a group of like-minded parents
- Learn new skills and increase your confidence
- Lead a parenting course to support local parents and families
- Receive continued support from the specialist EPEC team

The course will run for 10 weeks 1 day per week.

For more information and to express your interest -

Email: [familyhubs@wirral.gov.uk](mailto:familyhubs@wirral.gov.uk)

Call: 0151 666 3559

Visit: [wirral.gov.uk/EPEC](http://wirral.gov.uk/EPEC)

