**Activities to help develop fine motor skills at home**

**Paint the fence with water with big paintbrushes or rollers**

**Draw large shapes on the floor with chalks.**

**Dough Disco — Put on your favourite piece of music and use your fingers to pinch, squish and squash the playdough to help develop hand strength for writing.**

**Write Dance — Put on your favourite music and with a jumbo marker or jumbo chalk, make marks dance over the paper.**

**Stick some spaghetti in playdough and thread cheerios onto them. How many can you fit on each stick of spaghetti?**

**Make mud pies outside. Stir mud in the pan. How fast can you stir?**

**Take part in baking activities. Stir the mixture, roll or squeeze the dough, use cutters to make shapes.**

**Workshop—Practice putting keys in locks, sliding bolts, turning screws with a screwdriver, connecting chains and hooks and eye locks.**

**Practice with zips, velcro, tying laces, poppers.**