








Welcome to

Dawpool Church of England (Aided) Primary School



WEEK ONE






MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Pasta bar Pasta served with either tomato & basil or cheese sauce. Garlic bread and sweetcorn</p> 	<p>Hotdogs Choose from either a Butcher's quality sausage or Quorn sausage served in a finger roll with wedges</p> 	<p>Chicken Fajitas Strips of Chicken or Quorn stir fried with onions, and peppers in a mild barbecue seasoning. Served with salad and nachos</p> 	<p>Spaghetti Bolognese Fresh beef or Quorn mixed with pasta topped with garlic crumb and baked in the oven and served with carrots.</p> 	<p>Fish & Chips Choose from either fish fingers, or 'fishless' fish fingers served with chips and peas or baked beans. Gravy and curry sauce available.</p> 
<p><i>Jacket Potatoes and Paninis (various fillings) are also available daily as a hot alternative</i></p>				
<p><i>Or</i></p>				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread - wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily - ham, cheese, tuna, bbq chicken, turkey, egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, and peppers.</p>				
<p>Dessert Fresh Fruit, Yogurts and Cheese and Crackers are available daily along with the dessert of the day</p>				
<p>Drink A selection of fresh fruit juice and milkshakes, milk and water will be available daily</p>				



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WEEK TWO






MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Burger Day Choose from a fresh butcher's burger or a Quorn Burger served in a burger bun with corn on the cob & diced potatoes.</p> 	<p>Creamy Chicken Curry Choose from a homemade Creamy Chicken Curry or Quorn Curry served with Basmati Rice, Naan bread.</p> 	<p>Roast Turkey Dinner Choose from either home roast turkey or a Quorn fillet served with roast potatoes, vegetables, and gravy.</p> 	<p>All Day Breakfast Choose from a rasher of bacon or a Quorn sausage, served with scrambled eggs, baked beans, mushrooms, tomatoes, and Brown bread.</p> 	<p>Fish & Chips Choose from either Cod fillet or 'fishless' fish fingers served with chips and peas or baked beans. Gravy and curry sauce available</p> 
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<p>Homemade Pizza</p> <p>Choose from cheese & tomato or pepperoni served with sweetcorn and potato wedges.</p> 	<p>Mac & Cheese</p> <p>Macaroni pasta mixed with a homemade cheese sauce served with sweetcorn and garlic bread.</p> 	<p>Homemade Sausage Rolls</p> <p>Choose from either traditional pork sausage meat or cheese and onion, served with mashed potato peas or beans.</p> 	<p>Chilli Nachos</p> <p>Choose from either fresh minced beef or Veggie mince cooked with onions, mild chilli powder, red peppers and red kidney beans & nachos and served on a bed rice.</p> 	<p>Fish & Chips</p> <p>Choose from either fish fingers, or 'fishless' fish fingers served with chips and peas or baked beans. Gravy and curry sauce available.</p> 
<p><i>Jacket Potatoes and Paninis (various fillings) are also available daily as a hot alternative</i></p> <p><i>Or</i></p> <p>Delì Bar - Available Everyday</p> <p>Design your own sandwich, first choose your bread - wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily - ham, cheese, tuna, bbq chicken, turkey, egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, and peppers.</p> <p>Dessert</p> <p>Fresh Fruit, Yogurts and Cheese and Crackers are available daily along with the dessert of the day</p>				
<p>Drink</p> <p>A selection of fresh fruit juice and fresh milkshakes, milk and water will be available daily</p>				