

# Time For You

Guided relaxation followed  
by a free spa guided facial  
or hand softening treatment



Treat yourself  
to an hour of  
pure  
pampering

## 7.30 pm 22nd May

St Chad's Hall, Roslin Rd, Irby CH61 3UH

To book your FREE place - contact the office:-

0151 648 8169 or [office@thurstaston.org.uk](mailto:office@thurstaston.org.uk)